Newsletters

Below is a list of our patient newsletters.

Please click on the links below to view the newsletters online.

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- Beta Editor - Nov 2021-Phil
- September Newsletter
- Understanding Joint stiffness
- The BEST posture is the NEXT posture
- Intramuscular Stimulation for Neuropathic Pain
- Intramuscular Stimulation for Neuropathic Pain
- Happy Holidays
- Balance Issues in Seniors and Fall PreventionÂ
- Physical Therapy: An Essential Field That Requires Extensive Training
- Staying Active with Back Pain
- Staying healthy in the age of social distancing
- Staying healthy in the age of social distancing
- Staying healthy in the age of social distancing
- Staying healthy in the age of social distancing
- Staying healthy in the age of social distancing
- Happy Holidays
- Happy Holidays
- Happy Holidays
- Happy Holidays
- Happy Holidays
- What is Elastic Tape and How Does It Work?

- What is Elastic Tape and How Does It Work?
- Understanding Joint Replacement
- Sleep Apnea
- Handling Aches & Pains
- Happy Holidays
- Happy Holidays
- Happy Holidays
- Happy Holidays
- Happy Holidays
- Happy Holidays
- Strategies to Prevent Knee Pain
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- Make the most of your summer
- Shoulder Pain

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