

What we treat

Neurological Disorders

Diseases and injuries to the nervous system can have dramatic effects across the body affecting one's ability to function. Simple tasks can become extremely difficult and one's independence can be lost. The nervous system controls the muscles of the body, joint movements, balance and coordination. It is important to note that with the right kind of therapy you can improve your level of function, relieve pain, improve your balance, enhance walking and safety.

Physical therapy plays a vital role in the treating and maintaining of function in individuals with neurological diseases or injuries. We treat a variety of different neurological conditions that affect the movement of the body. If you are having difficulty with coordination, strength, walking, balance or function, then our physical therapy is right for you. Our PT's are experts in treating neurological diseases and injuries, providing a comprehensive plan to help you reach your maximum level of function.

What physical therapy will help you with:

Relieving pain

Nerve pain can come from a variety of issues, but PT helps to soothe irritated nerve endings and provide feedback to the nervous system to calm nerves. This occurs through a variety of different available treatments such as gentle hands on therapy and massage techniques, joint mobilization techniques, electrical stimulation and specialized nerve exercises.

Improving function and safety

People suffering from neurological disease and injuries typically have a higher tendency for falls or injuring themselves. Imagine if you trip and fall. Can you react quickly enough to protect yourself? In addition, common actions such as getting up from a chair or low surface, kneeling to the floor, getting out of car, can become difficult and even dangerous.

These are common areas of concern we address and work closely with you to improve. Our treatments will help you move better, safer and with greater strength.

Walking and balance

With many common neurological conditions such as stroke, Parkinson's Disease, Multiple Sclerosis and more, walking and balance is greatly affected. This dramatically affects one's independence and greatly accelerates the risk of falling. Most patients don't know that their balance or walking is affected until it is quite severe.

Our therapists have extensive training to analyze your walking, balance and coordination. We use state of the art equipment to determine the best course of treatment and exercises to help you enhance your ability to walk and balance. Our number one priority is giving you the ability to move around safely and with the least effort possible. We also properly train you if you require an assistive device such as cane or walker to walk with.

Activities of daily living

Adapting one's lifestyle due to a neurological disease or injury is important. Our focus is on working with you to determine appropriate modifications to your daily activities and routines that will allow you the greatest independence. Many common actions such as reaching, bending down, getting up from a low chair can all be improved upon with the right therapy.

Common conditions we help:

- ALS (Lou Gehrig's Disease)
- Balance and difficulty walking
- Nerve injuries
- Multiple Sclerosis
- Muscular Dystrophy
- Nerve pain, neuropathy and weakness
- Paralysis or hemi-paralysis
- Parkinson's Disease
- Spinal cord injury rehabilitation
- Stroke (CVA)
- Bell's Palsy
- And More

Call us today to discover how we can help you recover your independence, safety and move with ease!